

Exercising

This one day workshop provides a practical introduction to Business Continuity exercising. It is aimed at those who are relatively new to the subject, and have been given responsible for planning and undertaking an exercise or programme of exercises.

Those attending the workshop will be provided with an overview of the Business Continuity process, and will learn:

- **What** an exercise is
- **Why** Business Continuity capability should be exercised
- **How** to plan and undertake an exercise

The workshop provides the delegates with an overview of the Business Continuity Management (BCM) life-cycle that is to be found in the Business Continuity Institute's Good Practice Guidelines and the British Standard Institute's BS 25999, and where exercising fits into the life-cycle.

Delegates will learn about the practical difficulties of exercising an organisation's Business Continuity capability, and the measures that can be put in place to overcome these difficulties.

A key feature of this workshop is the use of plain English to explain the jargon of that is used by many Business Continuity practitioners.

The structure of the course workshop uses a mixture of presentation and breakout sessions in which the delegates explore the ideas, concepts, techniques, and practical issues of planning and undertaking the exercise of an organisation's Business Continuity capability.

The breakout sessions cover the key stages and deliverables of exercising, building up to provide the delegates with a complete practical overview of the overall process. In these sessions, the delegates learn to apply the theory of how to plan and undertake the exercise of a Business Continuity capability in the practical context of an example organisation.

As with all Merrycon's training workshops, the Exercising course can be tailored to suit the individual needs of the client.

The price for this in-house course starts at £1,200 excluding VAT, and depends, amongst other things, on the number of delegates, location, and amount of tailoring required by the client.

